

TOBACCO

Tobacco-Use Prevention Education Program

The district's tobacco-use prevention program shall provide students in grades 6-12 instruction which addresses the following topics: (Health and Safety Code [104420](#))1. Immediate and long-term undesirable physiologic, cosmetic, and social consequences of tobacco use

2. Reasons that adolescents say they smoke or use tobacco
3. Peer norms and social influences that promote tobacco use
4. Refusal skills for resisting social influences that promote tobacco use

(cf. [5131.6](#) - Alcohol and Other Drugs)
(cf. [6142.8](#) - Comprehensive Health Education)
(cf. [6143](#) - Courses of Study)

As appropriate, the district shall provide or refer students in grades 7-12 to tobacco-use intervention and cessation activities. (Health and Safety Code [104420](#))

(cf. [1400](#) - Relations Between Other Governmental Agencies and the Schools)
(cf. [5141.6](#) - School Health Services)
(cf. [6164.2](#) - Guidance/Counseling Services)

These services shall be directed toward current users and shall be voluntary for students who desire assistance in ceasing the use of tobacco.

In addition to targeting students who currently use tobacco, the district's program shall target students most at risk for beginning to use tobacco as identified through a local needs assessment.

(7/05 3/06) 7/09