

**COMPREHENSIVE HEALTH EDUCATION**

The Governing Board believes that health education should foster the knowledge, skills and attitudes that students need in order to lead healthy lives and avoid high-risk behaviors. The district's health education program shall be part of a coordinated school health system which supports the well-being of students and is linked to district and community services and resources.

- (cf. 1020 - Youth Services)
- (cf. 3513.3 - Tobacco-Free Schools)
- (cf. 3514 - Environmental Safety)
- (cf. 3550 - Food Service/Child Nutrition Program)
- (cf. 3554 - Other Food Sales)
- (cf. 5131.6 - Alcohol and Other Drugs)
- (cf. 5131.63 - Steroids)
- (cf. 5141.3 - Health Examinations)
- (cf. 5141.32 - Health Screening for School Entry)
- (cf. 5141.4 - Child Abuse Prevention and Reporting)
- (cf. 5141.6 - School Health Services)
- (cf. 5141.7 - Sun Safety)
- (cf. 5142 - Safety)
- (cf. 5146 - Married/Pregnant/Parenting Students)
- (cf. 6164.2 - Guidance/Counseling Services) this mandate.

Goals for the district's health education program shall be designed to promote student wellness and shall include, but not be limited to, goals for nutrition education and physical activity.

- (cf. 0200 - Goals for the School District)
- (cf. 5030 - Student Wellness)
- (cf. 6142.7 - Physical Education)

**COMPREHENSIVE HEALTH EDUCATION**

The district shall provide a planned, sequential, research-based, and developmentally appropriate health education curriculum for students in grades K-6 which is aligned with the state's content standards and curriculum framework. The Superintendent or designee shall determine the grade levels and subject areas in which health-related topics will be addressed, in accordance with law, Board policy, and administrative regulation.

(cf. 6011 - Academic Standards)

(cf. 6141 - Curriculum Development and Evaluation)

(cf. 6142.1 - Sexual Health and HIV/AIDS Prevention Instruction)(California Healthy Youth Act per SUSD Student Parent Handbook)

(cf. 6143 - Courses of Study)

As appropriate, the Superintendent or designee shall involve school administrators, teachers, school nurses, health professionals representing various fields of health care, parents/guardians, community-based organizations, and other community members in the development, implementation, and evaluation of the district's health education program. Health and safety professionals may be invited to provide related instruction in the classroom, school assemblies, and other instructional settings.

(cf. 1220 - Citizen Advisory Committees)

(cf. 1240 - Volunteer Assistance)

(cf. 1400 - Relations Between Other Governmental Agencies and the Schools)

(cf. 1700 - Relations Between Private Industry and the Schools)

(cf. 6020 - Parent Involvement)

(cf. 6145.8 - Assemblies and Special Events)

(cf. 6162.8 - Research)

**COMPREHENSIVE HEALTH EDUCATION**

The Superintendent or designee shall provide professional development as needed to ensure that health education teachers are knowledgeable about academic content standards and effective instructional methodologies.

(cf. 4131 - Staff Development)

The Superintendent or designee shall provide periodic reports to the Board regarding the implementation and effectiveness of the district's health education program which may include, but not be limited to, a description of the district's program and the extent to which it is aligned with the state's content standards and curriculum framework, the amount of time allotted for health instruction at each grade level, and student achievement of district standards for health education.

(cf. 0500 - Accountability)

(cf. 6190 - Evaluation of the Instructional Program)

## **COMPREHENSIVE HEALTH EDUCATION**

### *Legal Reference:*

#### *EDUCATION CODE*

- 233.5 Duty concerning instruction of students*
- 8850.5 Family relationships and parenting education*
- 35183.5 Sun protection*
- 49413 First aid training*
- 49430-49436 Pupil Nutrition, Health and Achievement Act of 2001*
- 49490-49493 School breakfast and lunch programs*
- 49500-49505 School meals*
- 51202 Instruction in personal and public health and safety*
- 51203 Instruction on alcohol, narcotics and dangerous drugs*
- 51210 Areas of study*
- 51210.8 State content standards for health education*
- 51220.5 Parenting skills: areas of instruction*
- 51260-51269 Drug education*
- 51513 Personal beliefs*
- 51880-51881.5 Health education, legislative findings and intent*
- 51265 Gang violence and drug and alcohol abuse prevention inservice*
- 51513 Personal beliefs*
- 51890-51891 Comprehensive health education programs*
- 51913 District health education plan*
- 51920 Inservice training, health education*
- 51930-51939 Comprehensive sexual health and HIV/AIDS prevention education*

#### *CALIFORNIA CODE OF REGULATIONS, TITLE 5*

- 11800-11801 District health education plan*

#### *UNITED STATES CODE, TITLE 42*

- 1751-1769j National School Lunch Program*
- 1758b Local wellness policy*
- 1771-1793 Child nutrition programs, including National School Breakfast Program*

Policy

Adopted: June 7, 2005

Revised: November 13, 2018

**SAUGUS UNION SCHOOL DISTRICT**  
Santa Clarita, California